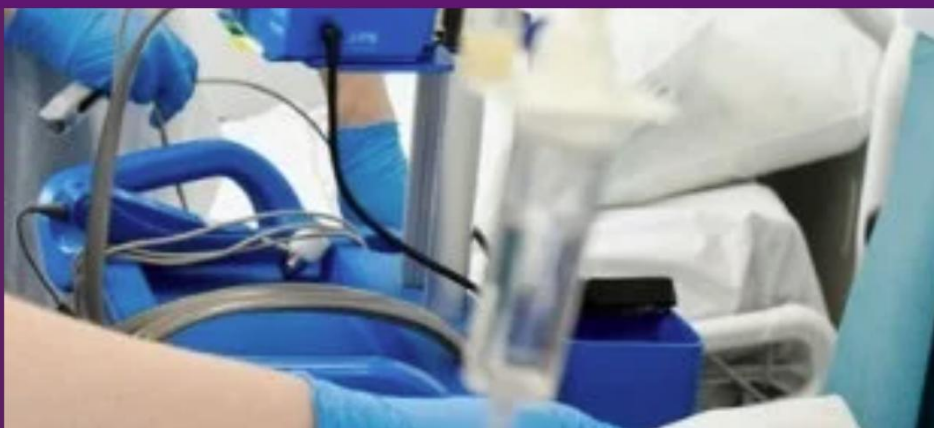


Health and Social Care

QESixth



Why Chose Health and Social Care?

Health and Social Care is a broad subject which is an ideal choice if you are interested in a career within the sector or in working with people. You will develop the foundation skills and knowledge required to progress within the sector but it's perfect not only for those considering careers in healthcare or social care, but also for anyone who wants to build transferable skills that employers and universities love. During the course you'll explore what make effective care, developing an understanding of equality, diversity, rights, safeguarding and person-centred practice.

You'll explore real-life case studies, take part in interactive projects, and learn how to support wellbeing in all kinds of settings. Alongside this you'll develop confidence, empathy, teamwork, leadership, and problem-solving skills — qualities that are valuable in any career, from business and education to psychology and beyond. This is a course that's about people, potential, and making a difference, whatever you choose to go onto in the future.

What Will You Learn?

We cover the AAQ OCR Advanced National Extended Certificate. There are 2 exam units and 4 NEA units over the two years. You will sit one exam in January of Year 12 and the other in January of Year 13. We currently offer the following units:

F090 Principles of health and social care

This unit looks at what equality, diversity and rights in care, what these are and how they can be applied. In addition, you will be able to identify hazards and risks within care settings, as well as explain how these can be reduced to protect people. Furthermore, you will look at key legislation with governs rights and keeps people safe. Finally, you will discover more about best practice in care.

F091 Anatomy and physiology for health and social care

In this unit you will learn about the arrangement of body systems and the structure and function of the component parts. You will learn about key processes within each body system, that enable them to function properly. You will then explore conditions affecting these systems, specifically learning about the biological basis, monitoring, treatment and impact on lifestyle and independence.

F092 Person centred approaches to care

You will learn the principles and values that underpin a person-centred approach to care and the practical tools that can be used to develop care plans for individuals. You will explore how to communicate in health and social care, how to build relationships and the barriers that need to be overcome to achieve person-centred care. You will learn to write outline care plans to suit individuals, using person-centred approaches and develop your reflective practice skills.

F093 Supporting people with mental health conditions

In this unit you will learn about how individuals with mental health conditions can be cared for and supported in a way which is suitable for their needs. You will do this through exploring the meaning of mental health and mental health needs, and considering the main types of mental health conditions and how these may affect the life of individuals. You will explore the different ways that individuals may be supported to promote their mental well-being, manage their illness, and different forms of treatment that may be available.

F095 Investigating Public Health



In this unit you will learn about current public health challenges and reasons why a healthy society is vital. You will then research a public health challenge and propose an approach to improve health and protect the public. You will consider your approach, how it will be resourced, implemented and monitored to improve the targeted area of public health.

F096 Supporting people in relation to sexual health, pregnancy and postnatal health

In this unit you will learn about and research the most important aspects of sexual health including relationships, the law, consent, sexual health, sexually transmitted infections, contraception, pre-conceptual care, birth, and the immediate care of the baby, and how to obtain support for these. You will also learn to produce advice and guidance that is personalised for specific individuals with issues related to sexual health and pregnancy, birth and postnatal health. You will develop skills needed to deliver advice and guidance in a sensitive and professional way and review the process of doing this.



What are Lessons Like?

Lessons will involve acquiring new knowledge through worksheets, discussions, videos and presentations. As this is a 'real life' subject we will be reading about current issues related to the individual topic areas. Each of the NEA units end with a practical task, which allows you to demonstrate your knowledge and skills in an alternative way. In addition to this we use professional partner engagement where it fits within each of the units.

Where Can It Take You?

Completing the course can lead to degrees in nursing, social work, speech and language therapy, radiography and more. It is designed to compliment other A-levels, ensuring you are well prepared for both university, apprenticeship and the world of work.

Want to Know More?

To find out more about the course and discuss your suitability please contact E.Nevinson@qes.org.uk