



This individual research/write project used technical terms well and got a Merit.

1 Plan	2 Do	3 Reflect
<p>Success ▼</p> <p>Identify the key topics you'll need to research and the key terms you'll need to use in your write-up.</p> <p>We had to research what different nutrients are needed at different stages of our life, for example protein is the most important for young people.</p>	<p>Accuracy ▼</p> <p>How did you check your sources were accurate? eg Looking for bias on website.</p> <p>I used more than one website to search what i was looking for to make sure i got the correct information.</p>	<p>Success ▼</p> <p>Did your teacher's feedback say you had achieved your goals - and did you agree with their verdict?</p> <p>feedback hasn't been given yet</p>
<p>Sources ▼</p> <p>Explain where you plan to get information and why, eg websites, books, magazines, interviews.</p> <p>I got most of my information from websites like the NHS and other health sights. My teacher also provided me with extra important information.</p>	<p>Detail ▼</p> <p>Give an example where your research helped you understand a topic better so that you could explain it more clearly in your write-up.</p> <p>I didn't know what each nutrient was used for so doing this researched helped me understand what each one does. I also didn't know that the dietary needs change throughout your lifetime.</p>	<p>Attitude ▼</p> <p>How motivated were you on this project and why did you find it easy, or hard, to finish the project?</p> <p>I was motivated to do this project because it's a subject I enjoy and want to learn more about.</p>
<p>Method ▼</p> <p>Explain how you decided to produce your final write-up and why? eg Report, slides, infographic.</p> <p>I produced my final write-up as a poster because that was the task and it looks clearer.</p>	<p>Language ▼</p> <p>Pick out 2 or 3 technical terms you used that shows your grasp of a topic.</p> <p>i used the correct words for nutrients. This includes words like calcium, protein, carbohydrates.</p>	<p>Improvements ▼</p> <p>What have you learned about either research skills or writing skills that you can use next time?</p> <p>I have learnt that you have to be specific when searching and you have to read through the search to make sure that it is what you are looking for and not something completely different</p>